

THE heartbeat



*I will give you a new heart and
put a new spirit in you; I will
remove from you your heart of
stone and give you a heart of flesh.*
— Ezekiel 36:26

BRINGING HOPE AND HEALING IN JESUS TO WOMEN AROUND THE WORLD

VOL 28 NO 1

Celebrating

WOMEN,

Honoring His Heart



March is a special time to celebrate women! In the U.S., it's Women's History Month, and March 8 marks International Women's Day - a day that honors women across cultures and generations.

As we reflect on these celebrations, we're reminded of how God views women. Throughout Scripture, he shows his deep love and care:

- He reveals himself to a teary-eyed Hagar as "the God who sees."
- He brings justice through a courageous Deborah.
- He chooses Mary, a humble teenage girl, to give birth to the Messiah.
- He reassures an anxious Martha that he is "the resurrection and the life."
- And he calls Mary Magdalene and other women to follow him as disciples and partners in ministry.

These examples assure us that God values women deeply. And now, he invites us to reflect his great love by sharing hope in Jesus with women everywhere. We are so grateful for this calling.

Introducing new features in *The Heartbeat*

We're excited to share some updates to our newsletter! In every issue, you can expect these new and continuing sections:

"Around the World" - Ministry highlights from across the globe, keeping you connected with how God is moving through TWR Women of Hope.

"Listener Feedback" - Real-life testimonies of how God is drawing the hearts of our women through our programs.

"Champions of Change" -

A spotlight on donors and volunteers who are making an impact by giving of their time, talent or resources and who inspire us as a team.

"A Word From Susie" - A heartfelt note from our global director, written just for you.

Our hope is that *The Heartbeat* will inspire you and remind you that God is always working as we continue this mission together. Thank you for bringing hope and healing in Jesus!

GET TO KNOW US!

Q&A with Miia da Silva, regional coordinator for Europe & CAMENA*

Miia has been a part of the TWR Women of Hope team for five years now. Hailing from Finland, she's no stranger to intercultural settings having lived in in six countries over 13 years. Between traveling and enjoying her husband and their two boys, Miia enjoys sipping Americanos, lifting weights, reading to feed her endless curiosity and watching comedy shows.



Favorite Scripture verse:

Romans 12:1-2 has stuck in my head ever since I felt the call into missions: *Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world but be*

* Central Asia, Middle East, North Africa

transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Q Why are you passionate about reaching women?

A Womanhood is a bit of a dichotomy: Women are generally more vulnerable to physical threats, and yet they possess extraordinary resilience and strength, wielding significant influence in their surroundings.

Though the global statistics of women's suffering can be overwhelming, those who discover hope in Jesus become powerhouses of change—not just within their families but throughout entire communities.

Q What do you want women in your region to know?

A I would like them to know that wherever they come from, whatever situations they were born to and grew up in, and whatever experiences they have had to walk through in life, they are precious and beloved creations of God and that in Jesus, there is hope, forgiveness and grace.

LISTENER STORY

Both Agnesa* and her daughter heard the name Jesus for the very first time while they were in a domestic violence shelter in 2023. After they got out of the shelter, our team was in close contact with them, and they were referred to a local church to get connected. Agnesa started to listen to our programs on the radio and via an MP3 player. In her words:

“I never thought there would be people just like me. One of the stories in the Women of Hope program was exactly like my own. As I listened, I deeply desired to know the Lord closer, personally for myself.”

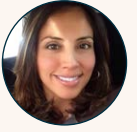
In 2024, she decided to get baptized and publicly shared her newfound identity in Christ. What a joy to listen to her testimony and be a part of her journey in learning about Christ for the first time!

-LISTENER FROM ALBANIA

*Pseudonym used for her privacy.

AROUND THE WORLD

- Script translation for *Women of Hope* is beginning in the Kannada language. We are thankful to expand our reach to women in India. (South Asia)
- Mongolia's first broadcast of *Women of Hope* aired in January, praise the Lord! (Northeast Asia)
- Production for *Hidden Treasures Part 1* has wrapped up in Croatia and will soon be beginning in the Portuguese language. (Europe)
- Ministry is expanding in Botswana, connecting with women through local prayer groups. (Africa)
- We have welcomed a new national coordinator in Mexico, **Lula Vieyra!** (Latin America/Caribbean)
- *Precious and Beloved* has begun the broadcasting phase in African French! Please join us in prayer that many French-speaking women in Africa will be reached. (Africa)



CHAMPIONS OF CHANGE



Eliza Argall

How has serving with TWR Women of Hope made an impact in your own life? Feel free to tell a little bit more of your involvement with the ministry.

Growing up, my church was a TWR Canada partner, and every so often, I heard about TWR Women of Hope (Project Hannah, at the time) and remember being intrigued about the ministry and what God was doing around the world. I think I was a teenager when I first signed up to receive the prayer calendar.

I have been part of TWR Canada for eight years, and for the past 5½ years,

I have had the privilege to be an active part of our TWR Women of Hope ministry and partnership through project management and coordination of the Canadian version of the prayer calendar. I've been deeply impacted by reading the testimonies of fellow believers worldwide and sharing them with Canadian intercessors.

As I prepare the content for the prayer calendar, I'm always reminded of the ways God is working in my own life, and after every global prayer call, I leave encouraged that I am part of a larger community and family of believers.

Connect with us at @twrwomenofhope



Schedule a spiritual heart test today

*“Search me, God,
and know my
heart; test me
and know my
anxious thoughts.
See if there is any
offensive way
in me and lead
me in the way
everlasting.”*

– PSALM 139: 23-24

Recently, I became acquainted with electrophysiology studies, which are tests used to evaluate the heart’s electrical system and to check for abnormal heart rhythms. As you may know, natural electrical impulses coordinate contractions of different parts of the heart. This creates the heartbeat, or heart rhythm, and keeps blood flowing the way it should.

A doctor may recommend an EP study for four reasons:

- To find the source of a heart rhythm problem.
- To evaluate symptoms, such as dizziness, fainting, weakness, or palpitation, seeking to determine if they might be caused by a rhythm problem.
- To get information related to abnormally fast or slow heart rhythms.
- To help decide the best treatment for fixing the problems.

I have often prayed Psalm 139:23-24, “Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me and lead me in the way everlasting.” Now, I have a name for this prayer: a spiritual electrophysiology test! The spiritual EP is needed because everything we do comes from our hearts. So, through this test, we evaluate the source of our spiritual heart rhythm. In Matthew 15:18-19, Jesus says, “But the things that come out of a person’s mouth come from the heart, and these defile them. For out of the heart come evil thoughts – murder, adultery, sexual



Susie Pek
Global Ministry Director
TWR Women of Hope

immorality, theft, false testimony, slander.” Our hearts hold our greatest passions and loves, which drive all of life. The whys behind our actions and reactions are found in the recesses of our spiritual hearts.

The spiritual EP is used to get vital information about the condition of our hearts. God sees clearly into every corner of our hearts. “I the Lord search the heart and examine the mind,” Jeremiah 17:10a tells us.

The spiritual EP is also used to identify the best treatment for problems in our hearts, and that usually involves surrender. As a response to his love, we can choose to surrender our heartbeats to him and live for him. “Love the Lord your God with all your heart and with all your soul and with all your mind,” we read in Matthew 22:37. The more we love the Lord, the more we surrender and the more we desire that “the words of our mouths *and the meditation of our hearts* be pleasing in his sight, our Lord, our Rock and Redeemer” (Ps. 19:14, emphasis added).

When was the last time you had a spiritual electrophysiology study done? Have you followed the Great Physician’s instructions? It is my prayer and desire that we all have strong hearts that beat in rhythm with the Lord’s.

Source: *Electrophysiological Studies, Johns Hopkins Medicine*



Connecting women’s hearts to each other and to God, TWR Women of Hope has built a global prayer movement and media outreach that address unique physical, emotional and spiritual needs.

VISION

To bring hope and healing in Jesus to women around the world and across generations.

MISSION

To educate, encourage and equip women to learn, pray, listen, grow and give through media and group interaction.

CONTACT US

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